

COMPONENTS

- 1) Rest - handrest, silicone, mounting part, tension screw, return rubber
- 2) Middle section - L-joint, washer, flexi-washer, tension screw
- 3) Leather base - regulator, elevation trim, clasp, tension screw
- 4) Stabiliser - acrylic bit, mounting tape
- 5) Tension band



ASSEMBLY INSTRUCTION FOR CLARINET

1. Insert the tension band (zip tie) under the f#/E keywork on the left and lead it down from above (fig A). If the instrument has an extra Eb lever, simply slip it in behind the pillar (fig B).
2. Position the leather base of the regulator socket on the instrument so that the open end of the tube is pointing downwards. Push the end of the tension band through the lefthand hole in the leather base: If your instrument has an Eb lever, push the band through the upper hole. Otherwise, push it through the lower one. Then join the the two ends of the band loosely together. **Do not tighten them yet** (fig C).
3. Slip the other tension band beneath the lower pillar of the ring keys and lead it down from above (fig D), then push the end of the band through the righthand hole in the leather base from beneath. Connect the two ends of the band and tighten (fig E). Then tighten the left side as well.
4. Push the L-joint into the regulator/elevation tube until it hits the elevation trim (7). Tighten the L-joint with the tension screw slightly (9) to keep flexibility.
5. If you want, you can remove the old thumb rest and replace it with the FREEWING stabiliser (4) to the place which fits to you. Using eg. scissors, trim the protruding band ends.

ADJUSTING THE HANDREST FOR CLARINET

1. Adjust the horizontal position of the fingers (distance from the instrument) by means of the tension screw (6) in the mounting part.
2. Adjust the vertical position of the fingers by means of the elevation trim (7) in the regulator/elevation tube.
3. To adjust the wrist angle, detach the L-joint and bend it slightly from location (8), this will help you to achieve a natural circular wrist movement.
4. Try playing your instrument, fine tune if necessary.
5. You can bend the rest simply by warming it with hair dryer ~5 min. Rotating the rest at the same time, cool with cold water, do not overheat or bend too much.

