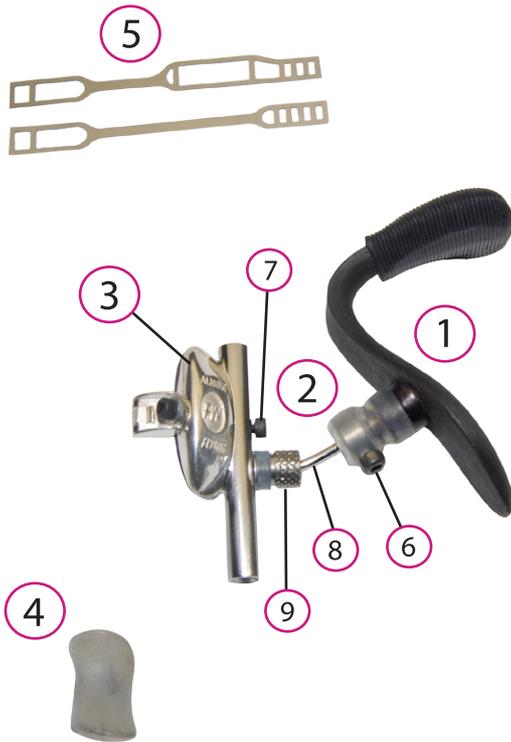


## COMPONENTS

- 1) Rest - handrest, silicone, mounting part, tension screw, return rubber
- 2) Middle section - L-joint, washer, flexi-washer, tension screw
- 3) Bracket - regulator, elevation trim, clasp, tension screw, bottom rubber
- 4) Stabiliser - acrylic bit, mounting tape
- 5) Collar (varies depending of the instrument)



## ASSEMBLY INSTRUCTION FOR CLARINET

1. Remove the b/f# key (Fig A). Taking care not to damage the key pad.
2. Slide the end of the collar (5) under the keywork between the finger holes and attach the loop to the lower pillar (Fig A) of the b/f# key. This will prevent the collar from sliding under the ring keys. Replace the key.
3. If you have Bb clarinet with an extra Eb-lever, remove the parts on the left side as shown (Fig B). Attach the collar to the lower pillar.
4. Insert the hook at the bottom of the bracket (Fig C) into the loop next to the b/f#- key (Fig A).
5. Attach the loop at the other end of the collar to the clasp (Fig D) and tighten the screw until the clasp is firmly in place. **Do not over tighten** (Fig E).
6. Carefully replace, in reverse order, all the clarinet keys rods.
7. Push the L-joint into (Fig F) the regulator/elevation tube until it hits the elevation trim (7). Tighten the L-joint with the tension screw slightly (9) to keep flexibility.
8. Remove the old thumb rest and replace it with the FREEWING stabiliser (4) to the place which fits you.

## ADJUSTING THE HANDREST FOR CLARINET

1. Adjust the horizontal position of the fingers (distance from the instrument) by means of the tension screw (6) in the mounting part.
2. Adjust the vertical position of the fingers by means of the elevation trim (7) in the regulator/elevation tube.
3. To adjust the wrist angle, detach the L-joint and bend it slightly from location (Fig 8), this will help you to achieve a natural circular wrist movement.
4. Try playing your instrument, fine tune if necessary.
5. You can bend the rest simply by warming it with hair dryer ~5 min. Rotating the rest at the same time, cool with cold water, do not overheat or bend too much.

